

**HORMONE
OPTIMIZATION
IMPACT**



TIME COURSE: Body Composition + Sexual Parameters:

QUALITY	AVERAGE OPTIMIZATION WINDOW
Better sleep & increased energy	as early as 2 to 6 weeks
Increase muscle strength	3 to 12 months
Increase lean mass	3 to 12 months
Decrease fat mass	3 to 24 months
Decrease waist circumference	3 to 24 months
Increase exercise capacity	3 to 12 months
Increase bone mineral density	3 to 36 months
Decrease waist to hip ratio	3 to 12 months
Sexual interest & desire	2 to 6 weeks
Satisfaction with sex life	2 to 6 weeks
Increased sense of wellbeing	2 weeks to 12 months

Many patients seeking hormone therapy treatments complain of symptoms such as decreased libido, night sweats, mood swings, lack of sleep, fatigue, unusual weight gain, decreased mental focus, anxiety, irritability, brain fog, and depression. BioTE treats these symptoms and is particularly renowned for its effectiveness in increasing energy levels and libido—two of the most common concerns posed by patients seeking hormone optimization.